



# RECREATION PARTICIPATION WAIVER

## **ASSUMPTION OF RISK AND RELEASE OF ALL CLAIMS**

Name: \_\_\_\_\_

Activity: \_\_\_\_\_

I am aware playing or practicing to play/participate in any sport can be a dangerous activity involving many risks of injury. I do understand that the dangers and risks of playing or practicing any sport include, but are not limited to, death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, other aspects of my body, general health and well-being. I understand that the dangers and risks of playing or practicing to play/participate in any sport may result not only in serious injury, but in a serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

Because of the dangers of participating in the above athletic activity, I recognize the importance of following team leaders' and/or coaches' instructions regarding playing techniques, training and other team rules, and agree to obey such instructions.

In consideration of Bellwether Church(hereinafter "the church") permitting me to engage in all activities related to the sport, including, but not limited to, trying out, practicing or playing/participating in that sport, I hereby voluntarily assume the risk of accident, injury or damage to person or property. Furthermore, I voluntarily release and discharge the church, its employees, agents, representatives, leaders and/or coaches from, without limitation, any and all actions, causes of action, claims, demands, damages, costs, expenses, compensation, and/or suits at law or in equity, on account of or relating to any act or omission by the church, its employees, agents, representatives, leaders and/or coaches. I also agree to defend, indemnify and save the church harmless from and against any and all liability, actions, causes of action, debts, claims, demands, or suits at law or in equity of any kind and nature whatsoever which may arise, directly or indirectly, by or in connection with my participation in any activity. The terms hereof shall serve as a release for my heirs, estate, executor, administrator, and assignees.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature

**THIS FORM MUST BE COMPLETED AND RETURNED TO THE LEADER OF YOUR TEAM PRIOR TO THE START OF PARTICIPATION.**